Recommended Use: As a dietary supplement, take one drop per day, or as directed by your health care practitioner.

Supplement Facts
Serv Size: 1 drop, Servings: 1,000, Amount Per
Serving: Vitamin D (as Cholecalciferol) 2,000 IU

Other Ingredients: Vegetable glycerine, deionized water, medium chain triglycerides, vitamin E.