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**DIRECTIONS:** Take one tablet with water 20 minutes before bedtime, or as directed by your healthcare practitioner.

**Melatonin CR** is a vegetarian formula with a biphasic delivery system that releases melatonin quickly and then steadily. Melatonin is naturally produced in the pineal gland in response to changes in light exposure; it helps promote healthy sleep patterns as well as antioxidant and immune activities. Melatonin CR can support these functions by helping to maintain normal levels of melatonin in the body.\*

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**CAUTIONS:** If you are under medical supervision or using any tranquilizers or sedatives, seek the advice of your healthcare practitioner prior to using. Consult your healthcare practitioner before using if you have an autoimmune condition or depressive disorder or are a pregnant or lactating woman. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.

**STORAGE:** Keep tightly closed in a cool, dry place.

**DOES NOT CONTAIN:** Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

**XYMOGEN®**  
EXCLUSIVE PROFESSIONAL FORMULAS

**Melatonin CR**

*Biphasic Controlled-Release  
Melatonin Formula*

*Dietary Supplement*

**Pharmaceutical Grade • Professional Use Only**  
**90 Tablets**

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 90

	Amount Per Serving	%DV
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Melatonin	5 mg	**

\*\* Daily Value (DV) not established.

**Other Ingredients:** Cellulose, dibasic calcium phosphate, hypromellose, magnesium stearate, stearic acid, silica, methylcellulose, and glycerin.

**All XYMOGEN® Formulas Meet or Exceed cGMP Quality Standards.**

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