

N-Acetyl-Cysteine



Overview

N-Acetyl Cysteine (NAC) is an amino acid that is a precursor to glutathione, the body's most powerful antioxidant, and helps promote optimal detoxification. NAC is heavily researched for its role in optimizing lung health, and is also used for rapid recovery after workouts. It is also beneficial for protection against normal exposure to heavy metals.

Made with non-GMO ingredients.

Details

N-Acetyl Cysteine (NAC) is an amino acid that is a precursor to glutathione, the body's most powerful antioxidant. NAC is heavily researched in bronchial and lung disorders. It is also used for rapid recovery after workouts. NAC can be used in any cases where there is a need to rebuild the liver and promotes optimal detoxification. It is also researched for protection from heavy metal damage.



Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
N-Acetyl-L-Cysteine	900 mg *

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearates (vegetable source).